#### WORKSHOP LEADER

**Dawn Menken**, Ph.D, is a conflict resolution educator and facilitator, teacher, counselor, and author. She enjoys working with youth and has pioneered Teens Rise Up (TRU), a cutting-edge program for schools that empowers and educates young people to step into their leadership, engage in honest dialogue and co-create a more welcoming school community.

Dawn is co-creator of the Master of Arts in Conflict Facilitation and Organizational Change at the Process Work Institute in Portland, Oregon, and served as academic dean for ten years. She is the author of *Raising Parents Raising Kids: Hands-on Wisdom for the Next Generation.* 

For this Summer Youth Leadership Intensive she will be assisted by a skilled team of co-facilitators with expertise in youth empowerment, communication and creativity.

Teens from previous year's program said:

"This is an amazing program. You should come because it is the best experience!"

"It was great to meet all kinds of people."

"The program was really good and fun."

"I learned so much about people from other cultures."

"I learned how to speak up."

## Summer Youth Leadership Intensive

Price: \$345 early bird registration up until April 17th, thereafter \$395 Delicious & nutritious lunches are included. Scholarships available

> Registration: The Process Work Institute 503 223 8188 or pwi@processwork.org www.processwork.org

**Venue:** Process Work Institute, 2049 NW Hoyt, Portland, Oregon

Dates and Times: July 8 -12, 2019, 10am-5pm & Evening event July 12th for participants and their families.

Please join us for this BBQ dinner and presentation to celebrate and share our work.







PROCESS WORK INSTITUTE PRESENTS



A 5 DAY WORKSHOP EMPOWERING TEENS IN LEADERSHIP CONFLICT FACILITATION AND CREATIVITY

## JULY 8 - 12TH, 2019



#### Process Work Institute presents

# **TEENS RISE UP** Summer Youth Intensive

### July 8 -12, 2019

This 5-day intensive workshop is for teens aged 14-18 who want to develop their leadership capacity, build new friendships, impact their communities, and have fun doing it!

Teens will engage in creative activities to increase personal power, find their unique gifts, build communication skills, strengthen relationship and facilitate conflict within themselves and in groups.

The course will gather a diverse group of young people with a variety of backgrounds and life experience. The diversity of the group will offer youth the opportunity to learn more about difference, explore the roots of conflict and to find their authentic voice and the courage to use it. This Summer program provides an opportunity for youth to:

- Find their authentic power, creativity and talent
- Get along with differences and power dynamics
- Feel comfortable with a wide range of diversity
- Develop confidence
- Deal with bullying and become an engaged bystander
- Develop grit and fortitude through struggle and obstacle
- Learn real-life conflict facilitation skills
- Be the change they wish to see



Teens Rise Up believes that a compassionate and empathic youth community contributes to the betterment of our world.

We support youth in their own leadership by teaching them to believe in their innate creativity, to appreciate internal and external diversity and to forge real relationships across differences. We teach them the skills they will need in order to recognize, work with and resolve conflict.

Colleges and employers look for youth who demonstrate leadership, responsibility, and the ability to work with others.

The week culminates in a celebratory BBQ for families, friends and community. The youth lead us in a lively presentation of their learning complete with video, skits, music, dance and spoken word.

Youth come away from our programs with a sense of purpose and empowerment, knowing they can make a difference in the world.