

PROCESS WORK INSTITUTE PRESENTS

# TEENS RISE UP

## SUMMER YOUTH INTENSIVE

A 5 DAY WORKSHOP EMPOWERING TEENS IN LEADERSHIP,  
CONFLICT FACILITATION AND CREATIVITY

July 10 – 14<sup>th</sup>, 2023

This 5-day intensive workshop is for teens aged 14-18 who want to develop their leadership capacity, build new friendships, impact their communities, and have fun doing it!

Teens will engage in creative activities to increase personal power, find their unique gifts, build communication skills, strengthen relationship and facilitate conflict within themselves and in groups.

We support youth in their own leadership by teaching them to believe in their innate creativity, to appreciate internal and external diversity and to forge real relationships across differences. We teach them the skills they will need in order to recognize, work with and resolve conflict.

### SKILLS

- Find their authentic power, creativity and talent
- Get along with differences and power dynamics
- Feel comfortable with a wide range of diversity
- Develop confidence
- Deal with bullying and become an engaged bystander
- Develop grit and fortitude through struggle and obstacle
- Learn real-life conflict facilitation skills
- Be the change they wish to see

### TRAINERS

**Dawn Menken, Ph.D.** is a conflict resolution educator and facilitator, teacher, counselor, and author. She enjoys working with youth and has pioneered Teens Rise Up (TRU), a cutting-edge program for schools that empowers and educates young people to step into their leadership, engage in honest dialogue and co-create a more welcoming school community.

Dawn is the co-creator of the Master of Arts in Conflict Facilitation and Organizational Change at the Process Work Institute. She is the author of *Raising Parents Raising Kids: Hands-on Wisdom for the Next Generation*

For this Summer Youth Leadership Intensive Dawn will be assisted by a skilled team of co-facilitators with expertise in youth empowerment, communication and creativity.

### REGISTER

\$345 early bird price up until April 17<sup>th</sup>, thereafter \$395.  
Scholarships available

**Schedule:**  
**July 10-14<sup>th</sup>,**  
**10am - 5pm**

On the evening of the 14<sup>th</sup>, we will have a BarBQ event for participants and family to celebrate and share our work.

[Link here: https://bit.ly/3RYV0eE](https://bit.ly/3RYV0eE)

Process Work Institute  
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