



# Self Guided Diploma Cohort Experience 2023

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Want to deepen your Processwork training and earn recognition as a Processwork Diplomat?

Want the flexibility to follow your own learning path, but still get the truly exceptional, irreplaceable, intense and powerful support of a cohort residency experience?

Our students consistently report that the residency and cohort experience makes the difference in their processwork learning journey at PWI. PWI's **Cohort Experience Bundle 2023** offers the opportunity to make an annual commitment that will supercharge your diploma studies.

**Don't miss the Cohort Experience starting September 2023**

**Two Annual In Person Residencies**  
**Oct 1-14, 2023 and April 1 -14, 2024**

**You want the freedom and flexibility to self-guide your Processwork training experience, so it matches your goals, and works with your resources and timing needs.**

**But it can be really lonely and hard, studying on your own.**

**Students love faculty, the curriculum, the school, but it is the cohort and in person residency experience that supercharges the learning.**

**Don't miss this opportunity to deepen your Processwork training and work toward recognition as a Processwork Diplomat in a self-guided program with our cohort experience offering.**

**Register your interest now to find out more**

**No commitment until June 15**

To confirm your place, \$500 deposit\* due June 15th.

10 student minimum threshold for cohort experience

*\*Deposit is fully refundable if minimum participant threshold is not met*


## Cohort Experience: In Person Structured Learning Intensives

Two in person residencies offered annually (October 1-14 and April 1-14).

Each **Structured Learning Intensive** includes the following training experiences:

- **Facilitator Development** (20 hours) - personal transformation, work in the middle, innerwork, relationship deepening, group process, taught at an offsite location
- **Topic Focus Workshops** (24 hours - two 12 hour course per residency)
  - detailed study of work in the middle
  - theory and techniques across the Processwork Diploma Competency Exam Areas:
    - Dream Work
    - Body Work/Symptom
    - Relationship
    - Group
    - Working on own conflict
    - Inner work
    - Long-term client
    - Extreme States
  - opportunity for student input: pre-residency surveys will collect student interests to tailor the Topic Focus Curriculum.
- **Live supervision** (22 hours)
  - large group process practice (10 hours)
  - small group supervision (3-4 students per faculty) (12 hours).

## In Person Residency Schedule

 <span style="float: right;"><b>Cohort Experience In Person Residency Intensive</b></span>						
Topic Focus: Curriculum over three years covers the 8 Diploma Exam topics, designed with student input						
Residency Dates      October 1 -14, 2023 and April 1-14, 2024						
Sunday, October 01, 2023	Monday, October 02, 2023	Tuesday, October 03, 2023	Wednesday, October 04, 2023	Thursday, October 05, 2023	Friday, October 06, 2023	Saturday, October 07, 2023
Welcome Meeting 11 - 12noon Travel to offsite location Check in 3pm Facilitator Development 4-6pm	Facilitator Development 10- 1pm  3 - 6pm	Facilitator Development 10- 1pm  3 - 6pm	Travel back to Portland	Topic Focus A 10 am - 1pm  Facilitation Skills (live 3- 6pm	Topic Focus A 10 am - 1pm  Facilitation Skills (live supervision) 3- 6pm	Topic Focus A 10 am - 1pm  Group Process Supervision 3-5.30pm
Sunday, October 08, 2023	Monday, October 09, 2023	Tuesday, October 10, 2023	Wednesday, October 11, 2023	Thursday, October 12, 2023	Friday, October 13, 2023	Saturday, October 14, 2023
Topic Focus A 10 am - 1pm  Group Process Supervision 3-5.30pm	Free Day	Topic Focus B 10 am - 1pm  Facilitation Skills (live 3- 6pm	Topic Focus B 10 am - 1pm  Facilitation Skills (live 3- 6pm	Topic Focus B 10 am - 1pm  Group Process Supervision 3-5.30pm	Topic Focus B 10 am - 1pm  Group Process Supervision 3-5.30pm	Closure and Integration 10 am - 1pm  3-5pm

## Cohort Experience Bundle (save with our best offer)

### What's included?

The Cohort Experience Bundle includes

- Two In Person Residencies (April and October)
- Self-Guided Diploma Enrollment (12 months)
- Plus bonus Final Project course
- And, impossible to value ... the unparalleled experience of collaborative learning together!

Take advantage of the exceptional value of the Cohort Experience Bundle ...

Enjoy

- The transformational power and depth of intensive in person learning and cohort experience
- Two 14 day Structured Residency Learning Intensives including personal work, theory and live supervised practice
- 12 months enrollment in the Self-Guided Diploma Program (details below)
- Flexibility for annual commitment - take one year at a time, take a break if you need to.
- Bonus Final Project Group Coaching Support
- Option of a Cohort Residency Exam Experience included (minimum numbers allowing)

### What does it cost?

#### Cohort Experience Bundle (our best offer, save over \$2,000)

##### **\$7,995 USD annually**

- Two Residencies (April and October)
- Self-Guided Diploma Enrollment (12 months)
- Plus bonus Final Project course (Orientation and Quarterly Group Coaching Support)

Payable in installments:

- \$500 deposit June 15, 2023 then 3 Installments of \$2,498 (Sept 1, Jan 1, March 1)

OR

#### Register for individual elements

##### **\$10,600 USD annually**

- **Individual Residency \$3,500**
  - October Residency - \$500 deposit due June 15; balance due September 1.
  - April Residency - \$500 deposit due June 15; balance due March 1.
- **Self-Guided Diploma Annual Enrollment Fee \$3000**
- **Final Project Orientation and Group Coaching Course \$600**

## Self-Guided Diploma Enrollment

Self-Guided Diploma enrollment includes:

- Freedom to shape your study journey and complement your cohort experience residencies with any Processwork trainings internationally
- Guidance and support from your 2 member study committee (Processwork diplomates); two study committee meetings each year
- Flexibility to choose study committee members from the international Processwork diplomate community
- Annual learning agreement accountability, with a mid-year progress report and end of year reflections summary,
- Access to quarterly student meetings, online, facilitated by the SGD Program Coordinator
- Final Project Evaluation by your Study Committee
- Upon completion, recognition as a Processwork Diplomate and welcome to the IAPOP diplomate community.

Get all the details in the **Self-Guided Diploma Learning Pathway Handbook**.

## What's not included

- Travel and accommodation
- Personal Therapy (recommended 30 hours/year)
- Professional Supervision (recommended 30 hours/year)
- Final Project Individual Advising (recommended 10 hours)
- If choosing an individual exam pathway, rather than the Cohort Experience Exam Residency, the SGD Exam Fee (\$1995) is not included.

## Key Dates

June 15	\$500 minimum deposit due for Bundle or Individual Residency Participation
Sept 1st	Self Guided Diploma year starts First installment due \$2,498
Sept 30	SC meeting 1 and learning agreement completed
Oct 1 -14	Residency!
Jan 1	Second installment due \$2,498
March 1	Third installment due \$2,498
March 31st	SC meeting 2 completed
April 1-14	Residency!
August 31st	Learning Reflections Report DUE

## Disclaimer

The Cohort Experience does not lead to or confer an academic or professional credential of any kind. The Cohort Experience is a social learning activity offering which includes short recreational intensives, typically delivered in Oregon, but may also be scheduled in other locations.

The SGD program is affiliated with the International Association of Process-oriented Psychology (IAPOP) and provides a pathway to recognition as a Processwork Diplomat by PWI and the IAPOP international community. The Self-Guided Diploma Program does not confer any academic degree, nor can it be used as the basis for licensure, admittance into an academic program, or membership in any other professional association besides IAPOP.