

## Certificate in Processwork

### Requirements At a Glance

Effective May 2023

**Total Required Contact Hours: 200 hours**

#### Individual Processwork Mentorship: 25 hours

The Mentor provides one-on-one Processwork sessions to support the student's emotional, interpersonal, intellectual, professional and spiritual growth. The Mentor is also responsible for monitoring the student's progress in completing the required hours, assisting the student in creating the learning agreement, and assessment of the Summative Project

- 20 out of the 25 Mentorship sessions must be with the same Processwork Diplomat. 5 sessions may be with any other diplomate(s) of student's choosing (but may also be with the Certificate Mentor). Students must choose their Certificate Mentor from the Process Work Institute Faculty.

#### Processwork Training: 175 hours

175 training hours with a Processwork Diplomat (e.g. seminars, workshops, online courses, intensives, one-on-one tutorials, live supervision, case supervision). Training should cover the following 6 topic areas :

- Bodywork: topics include symptoms and illness, near-death and coma work, and movement
- Relationships: topics include couple work, conflict work, family work
- Inner Work/Individual Work: includes dreams, dreaming, creativity and life myth
- Group Work: Worldwork, open forums, conflict facilitation, diversity, deep democracy, leadership, organizational work, team work
- States of Consciousness: topics include extreme states of consciousness, addictions, trauma and abuse, coma work, palliative care, dementia and near death states of consciousness
- Clinical Training: topics include supervision, training seminars, process labs, process theory courses

Students may choose to specialize in one or more areas, however all topics should be included in some way, over the course of the Certificate, to ensure familiarity with the core application areas.

#### Other Requirements:

- **Learning Agreement** (submit within 1 month of enrolment)
- **Summative Project** (as specified in Learning Agreement) - provides closure and celebration of the student's learning experience. Examples include: a short written essay or write-up of supervision or video study; a brief visual presentation of Certificate learnings; workshop curriculum; or a creative project.
- **Maximum Certificate Duration:** 3 years.